President’s Message

Greetings Members and Colleagues,

First, let me thank the previous members of the Central Atlantic States Association, Baltimore Conference Board and you, the members, for continuing to make the Baltimore Conference a success. These are exciting times for our profession as we continue to navigate our way forward together. We must not only chart our course for our local conference, but this year, we must also start to engage and navigate our way to our next annual CASA Meeting that is planned for May 6-9, 2019 here in Annapolis, Maryland. So please mark your calendars now and plan to attend – it will be a great experience!

Our organization continues to strive towards increase professional identity through educational engagement, collaborative working relationships, and partnerships with academia, industry, and local, state and federal agencies. We know our professional response can change on a daily basis as new types of outbreaks occur, legislation is updated, and new guidance on emerging issues is delivered; but if we are well-informed, we can be prepared to adapt accordingly. It is our intent to provide educational opportunities that not only provide continuing educational credits, but to push the envelope into evolving areas of exploration. One such area is the use of technology in our field; the potential uses and benefits, as well as, the pros and cons.

The current Baltimore Conference Board members attended the annual CASA Meeting in Stonybrook, New York this past April 23-26, 2018. It was our intent to familiarize ourselves with an annual CASA event so that we may prepare for a successful one in Annapolis next year. And, it was wonderful to learn that Maryland’s own, Ms. Brooke Menikheim, won the H. Thompson Price Scholarship Award for 2018.

This organization needs your input and participation. We want to encourage you to join us in moving the organization forward – and the best way to do so – is through collaborative efforts and that takes work, both on your part and ours. Such as taking the online surveys, submitting ideas for new topics in training, being ambassadors of public health, and believe it or not – just showing up. Showing up is important! It allows us to be actively engaged with each other. As a result of the surveys, we are attempting to
have our quarterly meetings located in new areas of the state this year to encourage a
greater and more diverse engagement. I ask you to join me and my fellow Board
members in making our 2018-2019 year a success.

Respectfully,

Sara L. Trescott, M.A., L.E.H.S.
President, CASA Baltimore Conference

Save The Date

The 103rd Annual Educational and Training Seminar will be held at The Westin
Annapolis in Annapolis, Maryland from May 6th-9th, 2019. Member participation is
strongly encouraged! Please continue to check the CASA website for more information
and registration requirements: http://casafdo.us/annual-seminar.
Welcome the New Executive Board

President: Sara L. Trescott, M.A., LEHS
*Director of Environmental Health, Washington County Health Department*

Currently serving as Director of Environmental Health for the Washington County Health Department, she holds a master’s degree, a certificate from Harvard’s JFK School of Government, two United States patents, and her biography has appeared in Who’s Who in Science and Engineering, America, and the World. Her technical expertise, legislative and management experience, and well-known trouble shooting skills make her a valuable asset for State service in environmental health.

Vice President: Annastasia Zenner, LEHS, REHS/RS
*License & Regulatory Division, Montgomery County DHHS*

Anna received her BA Degree in Cell Biology, a minor in Psychology and the French Language from McDaniel College in 2009. She spent a year contracted in Puerto Rico testing and tracking effluent water pollution and educating rural communities on safe drinking water. She began at Washington County Health Department as an EHS Food Specialist in 2011, transferring to the Licensing & Regulatory Services Division at Montgomery County Department of Health and Human Services in 2016, where she currently co-chairs the Foodborne Illness & Outbreak Investigation Team.

Treasurer: Lisa Kalama, LEHS, REHS/RS
*Program Supervisor, Environmental Water Quality, Harford County Health Department*

Lisa graduated from the University of Delaware with a BA degree in Biological Sciences. She worked for several years in private industry before coming to Harford County Health Department in 1990. Lisa began her State career in the Food Division, moving into Food Plan Review in 1992. She also headed the Plan Review Division until March 2018, when she then became the Program Supervisor in Environmental Water Quality. This is her first time as a CASA Board Member.

Secretary: Andrea Hanley, LEHS, REHS/RS
*Asst. Director of Environmental Health, Carroll County Health Department*

Andrea received her Bachelor of Science Degree in Community Health Education and a Minor in Business from Towson University in 1988. She began working at the Bureau of Environmental Health at Carroll County Health Department in 1988. She has been involved in most aspects of Environmental Health with a heavy concentration in Community Hygiene Programs. She is currently the Assistant Director of Environmental Health at Carroll County Health Department. Andrea has served as Past Vice President CASA in 1999-2000; President 2000-2001; Board Member 2001-2002; and Secretary 2014-Present.

*Please visit the CASA Baltimore Conference webpage at [http://casafdo.us/baltimore](http://casafdo.us/baltimore) for a complete list of current Board Officers and Committee Chair Charges.*
Review of the 342\textsuperscript{nd} Quarterly Meeting:

The Executive Board would like to thank all of the speakers that participated in the 342\textsuperscript{nd} Quarterly Meeting held on September 25, 2018 at Mount St. Mary’s University Frederick Campus.

Dr. Jennifer Staiger, Associate Provost of Mount St. Mary’s University Frederick Campus, revealed MSMU’s new degree and certificate programs; the professional development continuing education program and their partnership with the VA “Warriors to Workforce.” ([http://frederick.msmary.edu](http://frederick.msmary.edu))

Our own President, Sara L. Trescott, provided us with a brief overview of the Public Health Dispatch from NACCHO, resources including the 2017 Food Code, CDC Eat 101, Safe H2O Program, and 2018 Aquatic Health Codes. ([www.naccho.org](http://www.naccho.org))

Marshall Wilson, CEO of the Restaurant Association of Maryland, reviewed the organization’s goals for restaurant advocacy, regulatory compliance and industry education, and food-service employee training. The top industry issues discussed were: the hardships and expectations of finding adequate labor and skilled employees; compliance for increased government mandates; and public expectations and use of emerging new technology trends (app ordering, AmazonFresh, micro markets and digital ordering kiosks). ([www.marylandrestaurants.com](http://www.marylandrestaurants.com))

Richard Ortt, Director and State Geologist, and Tiffany VanDerwerker, Hydrogeologist, of Maryland Geological Survey, gave us an introduction to “Groundwater 101” in Maryland. An overview of soil sampling methods, determining soil compositions, the physiogeographic watershed boundaries and ground-water characteristics specific to Maryland’s 13 watersheds (12 of which flow into the Chesapeake Bay) were discussed. Health concerns associated with declining and available surface ground water and freshwater aquifers as population increases; and emerging viruses, chemical contaminants and other environmental concerns were also discussed. ([http://www.mgs.md.gov](http://www.mgs.md.gov))

Dr. Robyn Nadolny, of the US Army Public Health Center, Entomological Sciences, educated us on the most common myths surrounding ticks, the most prevalent diseases caused by ticks, and their life cycle stages of feeding. Most adult ticks feed twice, and therefore have only two opportunities to be exposed to (and transfer) the diseases and pathogens they carry. Recent studies in Virginia use population genetics to track tick migration and distribution. An increasing incidence and prevalence of tick-borne diseases in the US are most likely due to climate change, allowing ticks to aclimate to new and expanding territories. ([www.tickencounter.org](http://www.tickencounter.org))

FBI Special Agent John Kazlauskas, Baltimore Division Weapons of Mass Destruction Coordinator, enlightened us to the “Food Sector Threat” in the USA. While there is no known threat to US food sector at this time, terrorists have expressed an interest in using unconventional weapons (biological and chemical) against the US and our international partners. Insider threats are a particular concern because of their ease of access to most facilities and the inability to track them until a tip is made. Detecting and disrupting potential terrorist acts during pre-operational planning is key. The public is our first defense against recognizing threats; reporting your tips or suspicions could save lives, so vigilance is essential! ([www.fbi.gov/contact-us/field-offices/Baltimore](http://www.fbi.gov/contact-us/field-offices/Baltimore))
Announcements

Quarterly Meeting:

The next CASA meeting will be held on Tuesday, December 4, 2018 in Randallstown, Maryland. Please make sure to check your email regularly for the upcoming conference announcement. Announcements are also posted on the CASA website at: www.casafdo.org/baltimore.

Continuing Education Units (CUE’s):

The Maryland Board of Environmental Health Specialists requires all LEHS licensees to acquire a minimum of 20 hours of continuing education per renewal cycle. The current cycle period will end on June 30, 2019. Review the status of your submitted CEU Training Hours online by viewing the BEHS CEU Report at: http://health.maryland.gov/behs/Pages/CEU_Report.aspx

Each licensed environmental health specialist is responsible for submitting proof of their own completed training within 90 days from the date of training. Proof of training for CEU’s should be emailed directly to: dhmh.behsceu@maryland.gov

Membership Renewal:

Your Baltimore CASA membership will expire on December 31st, 2018. It may be renewed through the CASA website online at http://www.casafdo.org or by mailing additional payment with your registration at the next quarterly meeting.

Please contact the Treasurer with any questions: Lisa.Kalama@maryland.gov.
All quarterly conference registrations and membership renewals should be sent to:

Lisa Kalama, c/o CASA
P.O. Box 1413
Bel Air, MD 21014