



# *The SkipJack*

*December 2016*

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## Message from the President

Greetings Members of the Baltimore Conference,

Thank you to all of our members for attending the 2016 quarterly educational meetings. As the end of the year approaches, please remember to renew your membership for 2017. If you would like to participate on the executive board or as a committee member, please send an email to Ndidi Okoh at [nokoh@howardcountymd.gov](mailto:nokoh@howardcountymd.gov). As a reminder, if you would like a particular topic presented or discussed at the quarterly meeting, you can contact me or any member of the executive board.

The upcoming 101<sup>st</sup> Annual Education and Training Seminar will be held in Saratoga Springs, NY. Please take the time to visit the CASA webpage (<http://casafdo.us/annual-seminar/>) for further information regarding this event. This is a great conference with excellent topics and speakers. Also an excellent opportunity to network with industry, FDA, and other people in the field of Public Health.

Our spring meeting will be held in March 2017. An agenda with the location and date will be sent out to our membership approximately one month before the meeting. I look forward to seeing everyone at the next Baltimore Chapter Meeting. Happy holidays!

Regards,

Lisa A. Laschalt, LEHS, RS/REHS, MPH  
President, Baltimore Conference

## Update from the December 2016 Quarterly Meeting

Dr. Brooks has provided additional information regarding how frequently women potentially exposed to Zika virus during pregnancy have babies with birth defects due to the virus. Dr. Brooks provided the following links for more information on this subject:

<http://jamanetwork.com/journals/jama/fullarticle/2593702>

<http://nyti.ms/2hLxsYh>

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## Review of the 334<sup>th</sup> Quarterly Meeting

The Executive Board would like to thank all of the speakers that participated in the 334<sup>th</sup> Quarterly Meeting.



### **Gregory Sherman, Pretreatment Coordinator, Pretreatment Program, Howard Co. Bureau of Utilities**

Mr. Sherman provided an informative presentation on waste water treatment and grease interceptor requirements for food service establishments. According to Mr. Sherman, grease abatement devices can have a major impact on not only the environment, but also people's health. Having a strong pretreatment program can be a strong deterrent in fighting sanitary sewer overflows and storm water intrusions from occurring in your community. Monitoring of grease abatement devices and used cooking oil can assist in the prevention of these

occurrences. The institution of best management practices in kitchens can also be a strong tool in fighting the Fats, Oils and Grease (FOG) problem.

**Paul Stalnaker, Area General Manager, Sodexo Services**

In an effort to increase awareness in food safety and sanitation overseas, Mr. Stalnaker has traveled to underprivileged areas of South America and Asia to provide food safety training and certification to food handlers in target areas. Mr. Stalnaker shared key points from Sodexo's food safety training program which highlights control points in the food handling process that can be implemented to decrease the risk of food-borne illnesses. The presentation included information on hand washing, proper receiving and storage, cold holding, hot holding, cooking, cross contamination prevention and a HACCP training program. According to Mr. Stalnaker, natives in underdeveloped areas are not immune to food-borne illnesses and the percentage of those affected or the number of food-related illnesses is not accurately reported due to a lack of awareness. Mr. Stalnaker was successful in providing training to food handlers in the areas visited to make sure they were aware of the risks associated with improper food handling and sanitation. Most of the trainees were eager to learn proper food handling methods to ensure food safety for their families.

**Matthew Noonan, Food Specialist, US Food and Drug Administration**

Cooling is a critical step in complex food handling processes and must be closely monitored to make sure food items are not maintained at dangerous temperatures that can allow pathogenic organisms to increase in number. As a refresher to many, Mr. Noonan discussed the fundamentals of cold holding and proper cooling methods that should be practiced by staff in food service establishments. The presentation included information on various thermometers that can be used to monitor food temperatures, cooling and cold holding temperature requirements, and methods used to ensure cooling of food items within the required time frame.

**Nikki Heuer-Sales, Lieutenant, Westminster Police Department**

Active shooter training was provided on behalf of the Westminster Police Department to increase awareness in methods that can be used for protection in the event of an active shooter incident. Lieutenant Heuer-Sales discussed necessary actions that can be taken to mitigate an active shooter situation which is unpredictable and can escalate quickly, often resulting in casualties that could have been avoided by taking necessary steps to vacate the premises, hide or deter the assailant, or fight to defeat the shooter. Upon entering a facility, one should always be aware of at least two exits that can be used to vacate the building in the event of an emergency. If an active shooter is present and occupants are unable to exit the building without being noticed, occupants should find the nearest room with a door and secure the door to hide from the assailant. If the assailant is approaching and there are no exits or hiding places nearby, the only other option is defense by incapacitating the assailant. The actions discussed were provided to ensure mental and physical preparedness to cope with and mitigate an active shooter situation before law enforcement arrives.

## Announcements

### Membership Renewal:

Memberships can be renewed through the CASA website at <http://www.casafdo.org/> or by mailing the payment to Lisa Staley, c/o CASA, P.O. Box 1793, Westminster, MD 21158 with your next meeting registration. Online membership is encouraged.

### Elections:

Elections will be held at the next quarterly meeting in March 2017. Please remember to attend this meeting to exercise your voting privileges for voting on the new Baltimore Conference board members. If you are interested in a Baltimore Conference board or committee position, please contact Lisa Laschalt ([lisa.laschalt@maryland.gov](mailto:lisa.laschalt@maryland.gov)) or Ndidi Okoh ([nokoh@howardcountymd.gov](mailto:nokoh@howardcountymd.gov)). Information regarding these positions can be found on the CASA website (<http://casafdo.us/executive-board-committees/>).

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# Central Atlantic States Association of Food and Drug Officials

Mark Your Calendars!  
May 1-4, 2017

SARATOGA, NY

Please join us at our  
101st Annual Educational  
and Training Seminar!

Holiday Inn  
232 Broadway  
Saratoga Springs, NY 12866

